



CONGRESO EN LIMA,  
DEL 12 AL 13 DE OCTUBRE DE 2018

# CUIDADOS PALIATIVOS en Latinoamérica

Palliative Care in Latin America  
III Congreso Internacional de la Sociedad  
Peruana de Cuidados Paliativos



## Vision:

We ambition to change patient's lives while organizing a Congress that serves the purpose of exchanging knowledge and experiences between health stakeholders towards a sustained development of Palliative Care in Peru and in Latin America.

## Organizers

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**UNIKLINIK**  
**RWTHAACHEN**



**SPCP** | Sociedad Peruana  
de Cuidados Paliativos



# Speakers

|                              |   |  |  |
|------------------------------|---|--|--|
| <b>Ana Maria Teixeira</b>    | Manager of Oncology at the German Hospital Oswaldo Cruz   | <b>Felicia Knaul</b>                   | Director at the Institute for Advanced Study of the Americas at the Miami University                   |
| <b>Andreas Muller</b>        | Head of the Association for Hospices and Palliative Medicine of Saxony  | <b>Frank Elsner</b>                    | Vice chair and Assistance Medical Director Department of Palliative Medicine at RWTH Aachen University |
| <b>Argelia Lara-Solares</b>  | Head of Pain and Palliative Medicine Department at the National Institute of Medical Sciences and Nutrition Salvador Zubirán at Mexico City | <b>Friedemann Nauck</b>                | Director of the Department of Palliative Medicine at the Georg August University                       |
| <b>Beatriz Montes de Oca</b> | Representative of Mexico for the International Network of Nurses in Palliative Care (Riencupa)  | <b>Klaus Reckinger</b>                 | Senior Consultant in Palliative Medicine at the Elisabeth-Krankenhaus, Recklinghausen                  |
| <b>Bettina Husebø</b>        | Leader of Center for Elderly and Nursing Home Medicine at the Bergen University   | <b>Liliana de Lima</b>                 | Executive Director and CEO, International Association for Hospices and Palliative Care (IAHPC)         |
| <b>Carola Hasan</b>          | Chair of the Pediatric Pain Therapy and Pediatric Palliative Medicine at the University Witten/Herdecke                                     | <b>Lukas Radbruch</b>                  | President of the International Association for Hospices and Palliative Care                            |
| <b>Celina Castañeda</b>      | Coordinator of the Program of Medicine and Palliative Care at the Health Institute of Mexico  | <b>Marcos Gómez Sancho</b>             | Director of the Unit of Palliative Medicine at the University of Las Palmas de Grand Canaria           |
| <b>Cesar Margarit</b>        | Head of the Pain Unit of the University Hospital of Alicante  | <b>María Berenguel Cook</b>            | Clinical Head of the Department of Pain and Palliative Care Totalcare-Oncosalud-Auna                   |
| <b>Christina Plath</b>       | Physiotherapist at the Mobile Physiotherapie Göttingen  | <b>María Felisa Palacio</b>            | Assistant Professor of the Department of Family Medicine at the Calgay University                      |
| <b>David Oliver</b>          | Honorary Professor at the Tizard Center at University of Kent   | <b>María Lea Derio</b>                 | Cancer Department of the Chilean Health Ministry   |
| <b>Domink Groß</b>           | Full Professor, Director of the Institute of History, Theory and Ethics in Medicine at RWTH Aachen University                               | <b>Maricarmen Alfaro</b>               | Representative of Peru for the International Network of Nurses in Palliative Care (Riencupa)           |
| <b>Elizabeth Diaz</b>        | President of the Peruvian Society of Palliative Care  | <b>Marlene Goyburú</b>                 | President of the Peruvian Society of Palliative Care Nurses  |
| <b>Emilio Herrera Molina</b> | President of the New Health Foundation, Sevilha   | <b>Martina Kern</b>                    | Head of Contact Point for Palliative Care, Hospices and Caregivers at North Rein Westfalia             |
| <b>Enrique Benito Oliver</b> | Senior Consultant in Palliative Medicine, Balears Islands   | <b>Miguel Antonio Sanchez Cárdenas</b> | Director of the Colombian Observatory for Palliative Care, Professor at El Bosque University           |
| <b>Eric-Paul Pâques</b>      | Honorary Professor at the Faculty for Mathematics, Informatics and Natural Sciences at the RWTH Aachen University                           | <b>Miguel Ruíz Iban</b>                | Head of the Shoulder and Elbow Unit at the University Hospital Ramón y Cajal. Madrid                   |
| <b>Fabiana Chino</b>         | Specialist Nurse at the Cancer Institute of São Paulo   |  |  |

## Speakers

|                               |   |                         |   |
|-------------------------------|---|-------------------------|---|
| <b>Mike Bennett</b>           | Head of the Academic Unit of Palliative Care at the University of Leeds   | <b>Roberto Tarazona</b> | Physician, Project Coordinator at Caritas Peru  |
| <b>Oscar de Leon Casasola</b> | Professor of Anesthesiology, Medicine and Oncology at University at Buffalo   | <b>Roberto Wenk</b>     | Director of the Argentinian Program of Palliative Medicine of the Foundation FEMEBA in Buenos Aires |
| <b>Peter Nieland</b>          | Head of Department of Physiotherapy, Occupational Therapy and Speech Therapy of the Malteser Hospital Bonn/Rhein-Sieg     | <b>Roman Rolke</b>      | Chair and Director of the Department of Palliative Medicine at RWTH Aachen University               |
| <b>Philip Larkin</b>          | President of the European Association of Palliative Care  | <b>Sergio Ronceros</b>  | President of the Peruvian Medical Schools Association (ASPEFAM)                                     |
| <b>Pilar Mazzetti</b>         | Director of the National Institute of Neurological Sciences of Peru   | <b>Stein Husebø</b>     | Medical Director in the National Dignity Centre Bergen  |
| <b>Rafael Galvez</b>          | Head of the Pain Unit of the University Hospital Virgen de las Nieves at Granada  | <b>Tania Pastrana</b>   | President of the Latin America Association of Palliative Care                                       |
| <b>Rainer Freynhagen</b>      | Chair Dept of Anaesthesiology, Critical Care Medicine, Pain Medicine & Palliative Care at the Benedictus Hospital Tutzing | <b>Thomas Sitte</b>     | Head of the Deutches Palliativstiftungs, Fulda  |
| <b>Ralf Baron</b>             | Head of the Section of Neurology and Pain Research and Therapy at the Kiel University                                     | <b>Víctor Palacios</b>  | Head of the National Palliative Care Plan. Ministry of Health – Peru                                |
|                               |   | <b>Yolanda Escobar</b>  | Specialist in Medical Oncology at the Hospital Gregorio Marañón                                     |



**CRECIENDO**  
**JUNTOS**



Friday – 12th October 2018

| Lecture   | Speaker   | Country   |  |
|---|---|---|--|
| 09:00   | <b>Welcome</b>  | Mr. President Pedro Pablo Kuczynski*<br>Minister of Health Abel Salinas*<br>Michael Wirtz<br>Lukas Radbruch<br>Elizabeth Díaz | Peru<br>Peru<br>Germany<br>Germany<br>Peru |
| 09:45   | <b>One world: Pain and Palliative Care</b>                              | Roman Rolke ( <i>Chairman</i> )   | Germany                                    |
| 10:30   | Coffee break  |   |  |
| <b>Different Scenarios in Palliative Care</b><br><i>Moderator: Liliana de Lima (Colombia/USA)</i> |   |   |  |
| 11:00   | <b>View across the ocean: Scenario of Palliative Care in Europe</b>     | Philip Larkin   | Ireland                                    |
| 11:20   | <b>Palliative Care Developments in Latin America</b>                    | Tania Pastrana  | Colombia / Germany                         |
| 11:40   | <b>Scenario of Palliative Care in Peru</b>                              | María Berenguel   | Peru                                       |
| 12:00   | <b>Discussion</b>   |   |  |
| 12:30   | Lunch   |   |  |
| <b>Quality in Palliative Care</b><br><i>Moderator: Tania Pastrana (Colombia/Germany)</i>          |   |   |  |
| 14:00   | <b>Improving the Quality of Care: Using On-line Clinical Records</b>    | Roberto Wenk  | Argentina                                  |
| 14:20   | <b>Changes of pain management during advanced disease stages</b>        | Rainer Freynhagen   | Germany                                    |
| 14:40   | <b>Limited access to pain treatment: how can we eliminate barriers?</b> | Liliana de Lima   | Colombia / USA                             |
| 15:00   | <b>Discussion</b>   |   |  |
| 15:30   | Coffee break  |   |  |
| <b>The holistic view in Palliative Care</b><br><i>Moderator: Enrique Benito Oliver</i>            |   |   |  |
| 16:00   | <b>Palliative Care: Just Compassion or an Health System Duty?</b>       | Roberto Tarazona  | Peru                                       |
| 16:20   | <b>Dying in peace</b>   | Marcos Gómez Sancho   | Spain                                      |
| 16:40   | <b>Change Pain: Early integration needs early education!</b>            | Argelia Lara-Solares  | Mexico                                     |
| 17:00   | <b>Discussion</b>   |   |  |
| 17:30   | Conclusion of the day   |   |  |
| 19:30   | <b>Dinner</b>   |   |  |

\* confirmation still pending



Saturday, 13th October 2018

| Breakouts | Special populations in Palliative Care<br><i>President: Roman Rolke</i>  | Multidimensions in Palliative Care<br><i>President: Maria Berenguel</i>  | Palliative Care: New Landscapes<br><i>President: Liliana de Lima</i>  | The pluridisciplinary approach of Palliative Care<br><i>President: Philip Larkin</i>  |
|-----------|--|--|---|---|
|           | <b>Pediatric Palliative Care</b><br><i>Moderator: Thomas Sitte</i>   | <b>Humanism in Palliative Care</b><br><i>Moderator: Tania Pastrana</i>   | <b>Frontiers in Pain Management</b><br><i>Moderator: Oscar de Leon Casasola</i>   | <b>Fundamentals of Palliative Care Nursing</b><br><i>Moderator: Ana Maria Teixeira</i>  |
| 9:00      | <b>Carola Hasan</b><br><i>Germany</i><br>Symptom control and social aspects in children with advanced diseases           | <b>Enrique Benito Oliver</b><br><i>Spain</i><br>Spiritual Care in Palliative Care  | <b>Ralf Baron</b><br><i>Germany</i><br>Asking the right questions: lessons to be learned from pain questionnaires!  | <b>Fabiana Chino</b><br><i>Brazil</i><br>Best nursing practices in Palliative Care  |
| 9:20      | <b>Christina Plath</b><br><i>Germany</i><br>Physiotherapy and mobilization in Pediatric Palliative Care                  | <b>Friedemann Nauck</b><br><i>Germany</i><br>Advance care planning - the need for regional adaptations                               | <b>César Margarit</b><br><i>Spain</i><br>Can Pharmacogenomics be applicable in Pain Management?   | <b>Maricarmen Alfaro</b><br><i>Peru</i><br>Nurses Specialized in Palliative Care: a reality in Latin America?                   |
| 9:40      | <b>Andreas Müller</b><br><i>Germany</i><br>Understanding Total Care: Patient, Family and a multiprofessional environment | <b>Domink Groß</b><br><i>Germany</i><br>Is 'high-tech medicine' at the end of life still ethical?                                    | <b>Miguel Ruíz Iban</b><br><i>Spain</i><br>Musculoskeletal pain: not life-threatening but life-breaking   | <b>Beatriz Montes de Oca</b><br><i>Mexico</i><br>How can Governments stimulate the pluridisciplinary nature of Palliative Care? |
| 10:00     | Discussion   | Discussion   | Discussion  | Discussion  |
| 10:30     | Coffee break   |  |   |   |
|           | <b>Neurological Palliative Care</b><br><i>Moderator: Roman Rolke</i>   | <b>Palliative Care Programs</b><br><i>Moderator: Lukas Radbruch</i>  | <b>Education and Training in Palliative Care</b><br><i>Moderator: Enrique Benito Oliver</i>   | <b>Building Strength in Palliative Care Nursing: Knowledge, Action and Self-care</b><br><i>Moderator: Beatriz Montes de Oca</i> |
| 11:00     | <b>David Oliver</b><br><i>UK</i><br>Palliative care for neurological patients  | <b>Mike Bennett</b><br><i>UK</i><br>What determines the duration of Palliative Care before death for patients with advanced disease? | <b>Frank Elsner</b><br><i>Germany</i><br>Developing palliative care competencies during medical education   | <b>Ana Maria Teixeira</b><br><i>Brazil</i><br>Education Strategies for Nurses in Palliative Care                                |
| 11:20     | <b>Bettina Husebø</b><br><i>Norway</i><br>Pain Management in Dementia  | <b>Klaus Reckinger</b><br><i>Germany</i><br>How to deal with needs and wishes of non-cancer-patients?                                | <b>Tania Pastrana</b><br><i>Colombia/Germany</i><br>A Consensus-Based Process within Colombian Universities for developing Palliative Care Competencies for Undergraduate Nurses and Physicians | <b>María Lea Derio</b><br><i>Chile</i><br>National Program of Palliative Care for Children with advanced cancer                 |
| 11:40     | <b>Pilar Mazzetti</b><br><i>Peru</i><br>Unravelling the clinical importance of Neurogenetics in Palliative Care          | <b>Thomas Sitte</b><br><i>Germany</i><br>Does Palliative Care hastens death?   | <b>María Felisa Palacios</b><br><i>Canada</i><br>Evaluation of education and training programs  | <b>Philip Larkin</b><br><i>Ireland</i><br>The contribution of nursing to palliative care - research, education and practice     |
| 12:00     | Discussion   | Discussion   | Discussion  | Discussion  |
| 12:30     | Lunch  |  |   |   |



|       | <b>Cancer, Ageing, End-of-life</b><br><i>Moderator: María Felisa Palacios</i>   | <b>Challenges in Pain Management</b><br><i>Moderator: Ralf Baron</i>  | <b>Research in Palliative Care</b><br><i>Moderator: Bettina Husebø</i>  | <b>Integration of Family and Caregivers</b><br><i>Moderator: Friedemann Nauck</i>  |
|-------|---|---|---|--|
| 14:00 | <b>Stein Husebø</b><br><i>Norway</i><br>Dignity for the frail Old   | <b>Argelia Lara-Solares</b><br><i>Mexico</i><br>LatAm Guidelines for Cancer Pain Management - Special Considerations for the Region | <b>Emilio Herrera Molina</b><br><i>Spain</i><br>Your reimbursement model will determine the development of your Palliative Care Program | <b>Miguel Antonio Sánchez Cárdenas</b><br><i>Colombia</i><br>Family and professional caregivers: ethical backgrounds to be addressed |
| 14:20 | <b>Peter Nieland</b><br><i>Germany</i><br>The value of the physiotherapist in end-of-life care  | <b>Rafael Galvez</b><br><i>Spain</i><br>Neuropathic Cancer Pain   | <b>Eric-Paul Pâques</b><br><i>Germany</i><br>Patient centricity / personalized medicine in Palliative Care                              | <b>Celina Castañeda</b><br><i>Mexico</i><br>A good example in LatAm  |
| 14:40 | <b>Lukas Radbruch</b><br><i>Germany</i><br>News from Fatigue and Cachexia?  | <b>Yolanda Escobar</b><br><i>Spain</i><br>Management of Breakthrough cancer pain  | <b>Oscar de Leon Casasola</b><br><i>Guatemala/USA</i><br>Cancer Pain: research gaps and opportunities                                   | <b>Martina Kern</b><br><i>Germany</i><br>Patients and proxies: from wound management to changes of self-perception                   |
| 15:00 | Discussion  | Discussion  | Discussion  | Discussion   |
| 15:30 | Coffee break  |   |   |  |
| 16:00 | <b>Alleviating the access abyss in palliative care and pain relief: the Lancet Commission report – Key findings and recommendations for Latin America</b><br><i>Felicia Knaul</i>   |   |   |  |
| 16:20 | <b>Insights for the Future</b><br><i>Moderator: Roman Rolke</i><br><i>Celina Castañeda</i> <i>María Berenguel</i> <i>Sergio Ronceros</i><br><i>Elizabeth Díaz</i> <i>Maricarmen Alfaro</i> <i>Víctor Palacios</i><br><i>Felicia Knaul</i> <i>Marlene Goyburú</i><br><i>Liliana de Lima</i> <i>Philip Larkin</i> |   |   |  |
| 17:30 | <b>Closing Ceremony</b><br><i>Roman Rolke (Chairman)</i><br><i>Elisabeth Díaz</i>   |   |   |  |
| 18:00 | Conclusion of the Congress  |   |   |  |
| 20:00 | Dinner  |   |   |  |

